

S- Supporting O- Opportunities for U- Ugandans to L- Learn

**EVERY CHILD CAN ACHIEVE THEIR
FULL ACADEMIC POTENTIAL!**



**EDUCATE
TODAY!
EMPOWER
TOMORROW!
EVOLVE
FOREVER!**



Sponsor A Student

CONTACT US



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SOUL.foundation
Supporting opportunities for ugandans to learn



**YOUTH HEALTH
EDUCATION**

YOUTH EMPOWERMENT

With one of the largest youth populations in the world, youth empowerment in Uganda is a fundamental pillar for sustainable development and social progress.

Youth empowerment programs provide the critical knowledge, skills and confidence to help young people pursue their passions and build sustainable livelihoods.

These are transformative experiences that prepare youth for success in both their personal and professional endeavors.

- ▶ HIV+ Peer Support Groups
- ▶ Psychosocial Support Counseling
- ▶ Health Career Counseling
- ▶ Health Professional Mentorship
- ▶ Leadership Training
- ▶ Volunteerism
- ▶ Health Care Internships
- ▶ Health & Wellness Initiatives



FEMININE HYGIENE EDUCATION

It can be awkward to talk about personal health care issues for young adults, particularly girls and young women, like.....

SEX

RELATIONSHIPS

DEPRESSION

Body Odor

DRUGS

Pregnancy

Alcohol

MENSTRUATION

But they need to know!!

Learning about feminine hygiene and promoting health and wellness among young adults in Uganda is crucial for their overall well-being and quality of life which will later impact their communities and the nation.

Our youth health education goals are:

- ✔ Zero new HIV and STI infections
- ✔ Zero teen pregnancies
- ✔ Zero school drop outs
- ✔ 100% with S.O.U.L. GPA above 5
- ✔ 100% transition rate to the next level of education or graduation



HIV AND STI PREVENTION AND CARE

New HIV infection and other sexually transmitted infections (STIs) continue to impact young girls and boys worldwide, including in rural Uganda.

HIV Prevention and Care: Youth are encouraged to abstain from early sexual activity, test early for STIs, and complete treatment utilizing an age appropriate WHO accredited sexual health curriculum.

Prevention of Mother to Child Transmission: Many infants continue to be born with HIV leading to a sustained population of children and youth living with HIV who must be supported to fight the associated stigma and seek regular care and treatment for their entire life.

